

**ROCKFORD UROLOGICAL ASSOCIATES, LTD.
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**POSTOPERATIVE INSTRUCTIONS FOR AN ULTRASOUND OF THE
PROSTATE AND/OR A NEEDLE BIOPSY**

1. After the procedure, make sure that you take the antibiotic which you were given previously as directed. Avoid using aspirin for several days to avoid bleeding.
2. It is normal to have blood in your urine for three to four days and possibly light rectal bleeding. Some men complain of a clear to brownish discharge from the penis. You may notice blood in your semen (sperm) for up to one month afterward.
3. To clean out the urinary tract, drink four to six 8-ounce glasses of water daily for three or four days. If you are passing large clots, call the doctor.
4. It is normal to experience burning on urination for 24 hours after the biopsy.
5. If you have shaking chills or a fever greater than 100 degrees, please notify your doctor **immediately**.
6. You should not do any heavy lifting for 24 hours. No straining during a bowel movement for 48 hours.
7. Sexual activity should be avoided for 24 to 48 hours.

Call your doctor if.....

- Your temperature rises above 100 degrees
- You have shaking chills
- You are unable to urinate when you feel that your bladder is full
- You develop a reaction to your medication such as skin rash, nausea, or vomiting